CONSIDER THIS…

(Established intro of video)

Raf: Hey P5 to 7s! So this week you’ve been asked to promote CIRCLE-Y and you were also assigned an achievement level. How do you feel about the outcome and the system? Was it fair? Should CIRCLE keep giving out reward points according to whether you own an iPhone or not? What was the general feeling whilst you were doing the tasks knowing that each task had certain points? Did it feel more stressing and competitive or rewarding after you’ve achieved it?

You have read about power relations but I’m not sure if you are familiar with the concept. In order to understand about it, I’d like you to do the following:

Get in front of a mirror and take three poses. The first (1st) pose will have a status of 1What I mean by that. A status 1 is someone who feels oppressed and not confident at all. Think about a boss who maltreats an employee, screaming at them, pointing their finger at them and that employee does nothing, just nodding their head, looking down, feeling ashamed…that employee would have a status of 1. The second pose (2nd) will have a status of 5. A status of 5 is someone who feels ordinary, walking down the street, minding their own business. They have mediocre power, nothing much. And the third (3rd) pose will have a status of 10. A leader or a boss has status of 10. They are confident, overlooking others. You can see it in their body language, face expression, hands position.

Which pose felt better for you? Try and play around with those poses. Change from one pose to the other and try to imagine yourself in different scenarios with each pose and notice any differences.

If you hold a status of 10, how would you feel towards someone of status 1? What about the other way around?

Could you think of any examples in your own lives where you can think of someone and think of their status? What about your siblings or your parents? Does this status change depending on the moment?

Consider all the information and I can’t wait to see your reflections on the matter. Write your thoughts and share them in the group chat.

See you next week!

(Established outro of video)